# RESUSCITATION

#### **DRSABCD RESPONSE**

#### **DANGER**

Check for hazards & ensure safety.

#### **Infants Under 1 Year**







#### **RESPONSE**

A casualty who is unresponsive and not breathing normally needs urgent resuscitation.

#### **AIRWAY**

Open to check breathing.

## **BREATHING**

If the casualty is not breathing OR breathing abnormally, start CPR.

#### **CPR**

30 Compressions: 2 Breaths. (if unwilling or unable to do breaths, consider compressions only).

#### **DEFIBRILLATE**

As soon as available, follow the prompts.

#### **SEND FOR HELP**

Call the ambulance - 000.

#### **Adults & Children**







# **Ensure Safety for Self and Others**

Call Triple Zero (000) for an Ambulance

#### **SIGNS & SYMPTOMS**

Unconscious, not responding, not breathing normally, or not breathing at all.

#### **CPR DETAILS**

|                    | Children   | Under 1 Year                |
|--------------------|--|-----------------------------|
| Open Airway →      | Head tilt/chin lift  | Neutral head                |
| Press with? →      | 2 Hands  | 2 Fingers                   |
| How hard? →        | 1/3 chest depth approx 5 cm  | 1/3 chest depth approx 4 cm |
| Breath pressure? → | Full breaths   | Puffs                       |
| How many? →        | 30 Compressions : 2 Breaths  |                             |
| How fast? →        | Compressions should be done at the rate of almost 2 per second (continuous rate of 100 - 120 per minute) |                             |

Adulta 2

For more information visit: www.resus.org.au

### **CONTINUE CPR / DEFIBRILLATION**

Until responsiveness or normal breathing returns, or help arrives.